



"PROTECT WHAT'S RIGHT  
HUNTING, FISHING, TRAPPING"

BARNES COUNTY

# Wildlife Federation

PO Box 148

NEWSLETTER

Valley City, ND 58072

Pres. - Perry Kapaun  
V.P. - John Kopp  
Treas. - Jeff Differding  
Sec. - Randy Bostrom  
P.R. - Jill Christensen

Trustees  
Jay Holm Don Baasch  
Bob Maresh Gary Will

**NEXT MEETING...WEDNESDAY, OCTOBER 13<sup>TH</sup>, 2010...VC VFW CLUB  
FREE BURGERS SERVED TO MEMBERS 6 PM TILL GONE...MEETING TO FOLLOW**

OUR **BANQUET/AUCTION** IS COMING UP FAST! EARLY BIRD TICKETS NEED TOO BE TURNED IN BY OCT. 16<sup>TH</sup> FOR A \$100 VALLEY MEAT CERTIFICATE. WE STILL NEED MORE HELP TO GET DONATIONS; CALL JILL 845-2087/2378. SET UP IS THE NIGHT PRIOR AT 5PM SO BRING YOUR FOLDER ALONG WITH ITEMS SO WE CAN ORGANIZE THE TABLES. PIZZA AND REFRESHMENTS WILL BE SERVED.

**WEB SITE** WAS LISTED INCORRECT LAST MONTH. IT IS [www.barnescountywildlifeclub.org](http://www.barnescountywildlifeclub.org)  
YOUR HUNTING & FISHING PHOTOS CAN BE SENT TO JOSH HOLM FOR POSTING AT [josh\\_holm@hotmail.com](mailto:josh_holm@hotmail.com)

**NEW PLOTS GUIDES** ARE AVAILABLE FROM AREA VENDORS.

**SIGHT-IN DAY** IS SCHEDULED FOR OCT. 17<sup>TH</sup>---10 AM AT THE VC RIFLE AND PISTOL RANGE. RANDY 845-0151. THERE WILL BE SOMEONE THERE FOR HELP OR ADVICE IF YOU NEED IT.

**INDOOR ARCHERY RANGE** IS TENTATIVE TO OPEN THE MIDDLE OF OCTOBER. FOR INFO CALL NEIL PETERSON 840-0173. OPEN SHOOTING AND LEAGUE.

**FISHERIES PROJECTS** UPCOMING INCLUDE A CANOE ACCESS AT THE HATCHERY AND A BOAT RAMP IN CITY PARK.

**BUCK SHOW** IS NOV. 22<sup>ND</sup> AT VC EAGLES. CHAIR TJ HANSEN.

**HIDES FOR WILDLIFE** DROP OFF POINTS WILL BE THE SAME AS LAST YEAR. CHAIR EUGENE PEDERSON 490-4219. FREEZE THOSE DEER HIDES FROM ARCHERY AND YOUTH SEASONS.

**VENISON FOR THE FOOD PANTRY** IS ON GO. CONTACT GOOSE KAPAUN AT 845-2970 FOR A CERTIFICATE OR TO DONATE FOR PROCESSING FEE.

WE HOPE TO HAVE A REPORT AFTER THE TRNP ELK REDUCTION.

**1<sup>ST</sup> ANNUAL SHEYENNE VALLEY CALLING PREDATOR HUNT** IS IN THE PLANNING FOR THIS WINTER. STAY TUNED FOR ADS. THIS IS A CIRCUIT HUNT AND WILL DRAW IN PROFESSIONALS FROM OTHER STATES.

**JUNIOR NATURALISTS:** CALL KYLE OR EMAIL HIM FOR SCHEDULES OF EVENTS [kyle.m.Johnson@vcsu.edu](mailto:kyle.m.Johnson@vcsu.edu) OR CALL 701-650-8715. OCT. 18<sup>TH</sup> EVENT IS SETTING UP GOOSE AND DUCK DECOYS AT THE HATCHERY, 5PM.

BE SURE TO **VOTE** NOVEMBER 2<sup>ND</sup>! THE HIGH FENCE HUNTING PETITION WAS FULFILLED AND WILL BE ON THE BALLOT!

GAYLON HANSEN IS BACK IN TOWN AT THE LEGACY. WE'RE SURE HE WOULD ENJOY A SHORT VISIT OR PHONE CALL 845-1419.

**OBITUARY:** MEMBER LOIS TRANGSRUD PASSED AWAY IN SEPTEMBER. THE CLUB HAS SENT SYMPATHIES TO HER FAMILY.

Barnes County  
Wildlife Federation

## Buffet Banquet and Auction

Friday, October 29, 2010  
Valley City Eagles Aerie

**Early Bird  
Drawing:**  
Must be  
purchased  
by  
Oct. 16, 2010  
for  
**\$100.00**  
Meat  
Certificate  
from  
Valley Meat

\$20.00  
Per Person  
- or -  
\$30.00  
Per Couple  
Must be 21 years  
of age or older

5:00-6:00 PM No-Host Social & Raffles  
6:00-7:30 PM Banquet  
7:30 PM Auction

*Spouses are welcome!*  
*Special door prizes for spouses*

**Grand Prize: Rifle**

**TICKETS AVAILABLE AT:**  
Brothers III  
L&H Shoe Shop  
Northwestern Industries  
or call...490-1797



Start! Preparing Your Heart for the Hunt  
Health tips from City/County Health District

Being physically fit lowers heart disease risk even in people who have other risk factors.

Exercise and stay in shape, get a yearly physical, stop smoking. Your heart is under much more strain hunting the fields and hills than when you're on a treadmill!

Other tips include avoiding a heavy breakfast, hunt with a partner or more and let friends know your location and scheduled return. Take a cell phone with you. Also, make sensible plans for moving any game taken.

Know the warning signs of heart attack and stroke and get medical attention immediately.

Have a Happy, Healthy Hunting Season!